

# Canis-Lupus Cross Country Cup

Thank you for attending the 7<sup>th</sup> annual Canis-Lupus Cup. We are thankful that you were able to participate and I hope that this can continue to be a fun, low key, tradition for the runners. We will have medals & a trophy for the winning team.

**Date:** Wednesday September 21<sup>st</sup>, 2022

**Teams:** Blue Valley Southwest, Blue Valley West, Blue Valley North, Olathe South, Olathe West, Leavenworth, St. James Academy, Gardner-Edgerton, Shawnee Mission South

## **Race Schedule:**

<u>Race</u>	<u>Time</u>	<u>Distance</u>
Girls Race	5:00pm	5k
Boys Race	5:40pm	5k
Awards Ceremony	6:20pm	

## **Entrance to the Course & Campsites:**

**Bus Drop Off-** It is best for busses & vans to enter the campus from the North (on 175<sup>th</sup> st) between Aubry Bend & BVSW then turn left at the stop sign. Drop athletes off near the entrance of the football & soccer fields. Teams can walk down the sidewalk toward the baseball fields to set up campsites just north of the XC course near softball/baseball fields. [See map for location](#)

**Parents & Families** will need to park in the athletic & south parking lots of Blue Valley Southwest. School gets out at 2:55pm & getting into or out of the parking lot can be difficult between 2:55-3:10pm, so plan accordingly. Once parked, fans can enter the course through the football & soccer entrance by the concession stands & restrooms. Follow the sidewalk between the baseball & softball fields & turn left to get to the start & finish lines. [See map for location](#)

## **Entries/Timing:**

J.J. Wanamaker & the Shawnee Mission Team will be timing & scoring the event using Chip Timing. We will be using Milesplit for entries this year. Click the link & put your athletes into the race.

Entries are due **by 8:00pm, September 19<sup>th</sup>, 2022.** <https://ks.milesplit.com/meets/498080/registration>

## **Course Information:**

The start & finish lines are south of the softball fields. The 2-loop course will be run entirely on grass between 179<sup>th</sup>, Quivira & the athletic fields. We will have a lead vehicle for the convenience & safety of the athletes. The course will be marked with paint, cones, rope & signs. There will also be monitors at strategic locations on the course to ensure the athletes stay on the intended path & look for any athletes in need of medical attention. After the lead gator goes through it will loop back around trail the last runners into the finish.

## **Restrooms/Medical Tent:**

The restrooms will be open by the soccer & football fields. The medical area will be between the area just north of the course.

## **Awards:**

There will be a short awards ceremony to recognize the medalists & top team following the conclusion of the boys' race. The awards ceremony will take place at the rock podium near the starting line.

**Individual Medals**      Top 10 – Individuals in each race

### **The Canis-Lupus Cup Trophy**

A Traveling Trophy will be awarded to the school that has the lowest total points scored by **BOTH THE BOYS & GIRLS** teams combined. No separate team awards will be given out to the boys & girls.

Thank you,  
**Aaron Ballew**  
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